Body Massage Therapy

# Comfort, Nourishment, Delight

#### Swedish/Relaxation Massage

Gliding and kneading strokes for increased tone, well-being and relaxation
1 hour / \$75
90 mins /\$110
30 mins / \$45

# Deep Tissue/Sports Massage

Firm pressure is used to reach deep muscle tissue alieving acute or long standing tension

1 hour / \$75 90 mins/ \$110 30 mins / \$45

# Aromatherapy Massage

Oils are chosen for relaxation or detoxing
1 hour /\$85
90 mins / \$120
30 mins / \$50

### Stress-Fix Massage

Includes lavender, clary sage, frankincense 1 hour / \$85 90 mins / \$120 30 mins / \$50

# Reflexology Foot Massage & Hands

Applied pressure points energize all body parts and organs
1/2 hr / \$50
1 hour / \$85

#### Hot Stone Massage

Warmed smooth basalt stones assist in penetrating this application
1 hour / \$85
90 mins / \$120
with CBD Oil / \$15.00

#### Prenatal Massage

Extra pillows are arranged to support you in total comfort
1 hour / \$75

### Lymphatic Massage

Releases fluid from the tissues to achieve a relaxed sense of well-being 1 hour / \$85 90 mins / \$120

# Pure Bliss Massage

Includes the application of Pure Shenandoah CBD oil for a wonderful sense of relaxation 1 hour / \$90 90 mins / \$125

# Special Packages

# Spa Delight

Body Massage & Scalp Treatment, Facial & Pedicure 3 1/2 hours / \$234

### Head to Toe Special

Body Massage or Facial, Manicure & Pedicure 3 hours / \$171

# Petite Pampering Package

Express Facial, 1/2 hr Massage, & Pedicure 2 hours / \$135

#### Couples Massage

Share the experience with a loved one, friend or spouse. In our couples room for two, you may choose your massage preference, priced above.

If you need to cancel your appointment, we appreciate the courtesy of a 24 hour notice.



Tuesday - Thursday 10 am - 6 pm Friday 10 am - 5 pm

Saturday 9 am - 3 pm

510 E. Market Street Harrisonburg, Virginia 22801

www.beautyspaonline.com

540.564.1925

Gift Certificates are Available

# Facials & Skin Care

#### Aveda Aromatherapy Facial

Utilizing Aveda's unique botanical compositions to cleanse and nourish

1 hour / \$85

# Deep Cleansing Facial

Gentle exfoliation, plus healing, deep pore extraction may be recommended 1 hour / \$85

# **Botanical Skin Resurfacing Facial**

Tourmaline crystals and bamboo gently polish and energize
1 hour / \$85

# **Brightening Transforming Facial**

Minimizes discoloration and maximizes luminosity
1 hour / \$85

# **Lifting Transforming Facial**

Includes Plant Peel to plump and soften, followed by lifting massage

1 hour / \$95

#### **Dual Exfoliation Facial Treatment**

Naturally derived mechanical and biothermal exfoliation methods combine to achieve smooth, radiant and youthful skin

1 hour / \$105

# Dermaplaning

Surgical blade is used to remove dead skin and facial hair, performed before facial treatment 20 mins / \$40

# Express Aromatherapy Facial

A quick pick me up, sure to bring a glow 1/2 hour / \$50

#### Perfecting Plant Peel Facial

Plumps and softens in one short treatment 1/2 hr / \$60

# Spa Glow Body Treatment

Your whole body will love this exfoliating, revitalizing treat plus moisture application
1 hour / \$95

# **Aromatherapy Scalp Treatment**

Invigorating compositions applied to the scalp and hot towel wraps
20 mins / \$40

#### **Back Facial**

As for the face, certain botanicals treatments are applied for smoothing and soothing 45 mins / \$65

# Make-up Consultation

with Jane Iredale Cosmetics 45 mins /\$40

# Tints

EyeLashes											.\$40
Lash & Brows											.\$55
Eyebrows											.\$20

# Facial and Body Waxing

P 1	<b>#20</b>
Eyebrows	 \$20
Brazilian Bikini	 \$65
Lip	 \$10
Arms	 \$35
Chin/Face	 \$10-25
Back	 \$60
Underarms	 \$20
Bikini Line	 \$45
Half Legs	 \$45
Full Leg	 \$65



Aromatherapy Manicure

Aveda botanicals and steaming towels condition and prepare nails 45 mins / \$40

Gel Polish Manicure
45 mins / \$45

Express Manicure 30 mins / \$30

**Aromatherapy Pedicure** 

Luxurious treatment in a lounging position 1 hour / \$60

**Express Pedicure** \$35

Paraffin Hand & Foot Therapy
Additional softening application
\$15

